



<b>SAILING RACES PLAN</b>		<b>pages</b>
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<b>Plan</b>		<b>1</b>
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1.1	Clipper Races	
1.2	Bluenose Races	
1.3	First Club Races	
<b>2. RACE VOABULARY</b>		<b>31</b>
2.1	Race Course	
2.2	Points of Sail	
2.3	Sail Types	
2.4	Terminology	
<b>3. RACING CLASSES</b>		<b>27</b>
	From 6 meter to windsurfer	
<b>4. INTERNATIONAL RACES</b>		<b>25</b>
4.1	America's Cup	
4.2	Worldwide	
4.3	World Championships	
<b>5. OLYMPICS</b>		<b>14</b>
	From 1896 to 2008	
<b>6. LONG DISTANCE RACES</b>		<b>13</b>
	Trans-ocean	
	Around the World	
	Tall Ships	
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	Land sailing, ice boating	
	handicapped, models	
	and speed races	
	<b>total</b>	<b>144</b>